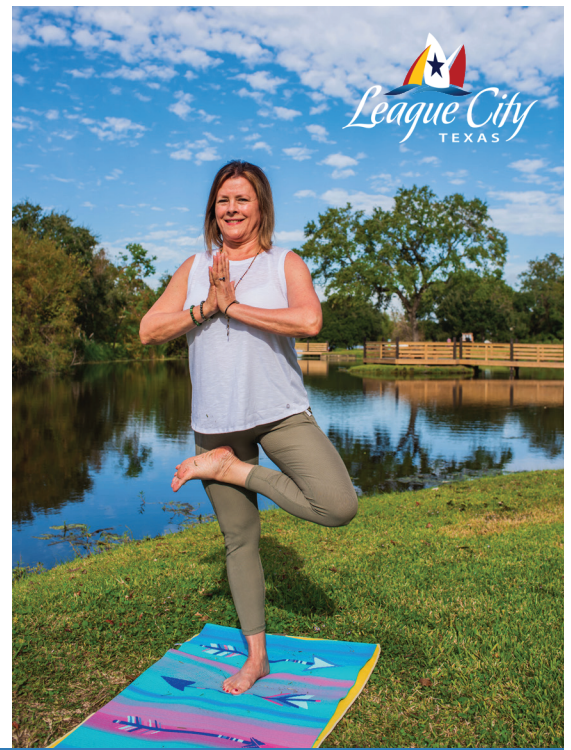


NEW YEAR! NEW YOU!

Looking to get out of your comfort zone and try something new? League City's Recreation, Library Services, and Community Engagement Departments have teamed up to create a month filled with FREE activities and classes for residents of all ages to explore. From yoga and meditation to soapmaking, kayaking, tennis, and ballroom dancing—local instructors and experts from throughout the area will be sharing their knowledge.

Attend FREE Classes in January

There's no need to register, just show up to the events you're interested in. Class locations are subject to change based on weather conditions. Check leaguecity.com/newyou and the City's Facebook page for the latest information.



Saturday Jan. 8	Intro to Yoga	9 to 10 a.m.	Heritage Park, 1220 Coryell St.
	Intro to Crystal Bowl Meditation	10:30 a.m. to noon	Heritage Park, 1220 Coryell St.
	Outdoor Drum Jam Session	1 to 3 p.m.	Heritage Park, 1220 Coryell St.
	Organize Your Life	2 to 4 p.m.	Helen Hall Library Theater, 100 W.Walker St.
Sunday Jan. 9	Intro to Tennis	10 to 11 a.m.	Rustic Oaks Park, 5101 Orange Blossom Ct.
	Intro to Karate	12:30 to 1:30 p.m.	Hometown Heroes, 1001 E. League City Pkwy.
Wednesday Jan. 12	Storytelling and Coffee	6 to 8 p.m.	Helen Hall Library Theater, 100 W. Walker St.
Saturday Jan. 15	Tree Planting and Pruning 101	9 to 10 a.m.	Hometown Heroes, 1001 E. League City Pkwy.
	Intro to Kayaking	9 a.m. to noon	Heritage Park, 1220 Coryell St.
	Intro to Birding	12:30 to 1:30 p.m.	Lynn Gripon Park at Countryside, 100 Alderwood
Sunday Jan. 16	Intro to Fencing	2 to 3 p.m.	Hometown Heroes, 1001 E. League City Pkwy.
Tuesday Jan. 18	Book Speed Dating(adults only)	6 to 8 p.m.	Helen Hall Library Theater, 100 W.Walker St.
Saturday Jan. 22	Herb Gardening 101	9 to 10 a.m.	Hometown Heroes, 1001 E. League City Pkwy.
	Reducing Stress Through Meditation	9 to 10 a.m.	Heritage Park, 1220 Coryell St.
	Trivia Night and Beer (adults only)	6 to 8 p.m.	Helen Hall Library Theater, 100 W.Walker St.
Sunday Jan. 23	Pollinator Gardens and Bees	2 to 3:30 p.m.	Hometown Heroes, 1001 E. League City Pkwy.
	Sewing Basics	2 to 4 p.m.	Helen Hall Library Theater, 100 W.Walker St.
Saturday Jan. 29	Mindfulness and Meditation	9 to 10 a.m.	Heritage Park, 1220 Coryell St.
	Soapmaking	2 to 5 p.m.	Helen Hall Library Theater, 100 W.Walker St.
	Intro to Ballroom Dancing	6 to 8 p.m.	Hometown Heroes, 1001 E. League City Pkwy.