



Adult CO-ED Volleyball

1. The serving order and positions on the court at service shall be an alteration of male and female or vice-versa.
2. When the ball is played more than once by a team, at least one of the contacts shall be made by a female player. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball regardless of the number of contacts by the team.
3. When only one male player is in the front line at service, one male back line player may be forward of the attack line for the purpose of blocking.
4. No female back line player may participate in a block.
5. A maximum of twelve (12) players, including a playing manager, will be permitted on a team roster in any division.
6. Height for net needs to be 7'8"
7. Must have at least two women on the court at all time
8. Rally scoring is used, with a win-by-2ule
9. There is only 1 timeout per game.
10. Can play off Foot
11. The server has 10 seconds to serve, or the team loses serve.
12. All referees' calls are final.
13. You cannot block a serve. This will result in a point for the serving team.
14. Rally scoring is used. Matches will consist of 3 games to 25 points with "no cap" (you must win by 2 points). When the allowed time is reached, the team that is winning will be declared the winner.
15. All passes must be clearly hit, and not lifted or thrown.
16. No player may reach over or touch the net, or step over the centerline (a player's foot may land on the centerline provided it is not entirely over the line). Also, while playing the ball in his/her court, a player is allowed to reach under the net, but must not touch the floor over the centerline.
17. All teams must have a team roster with the signature of all players on their team. If a player is not on the roster the official will not allow him/her to play.
18. All players must be 18 years of age or older.

PLAY:

1. A lift will be called if a player obviously throws, catches, or slings the ball.
2. A foot fault will be called if the player's entire foot is beyond the center line.
3. All line shots are considered good.
4. Balls may be played out of the net.
5. It is legal for a player to hit the ball with any part of their body.
6. Blocks do not count as a hit.

The serving team will be determined by a coin toss. The winner has the choice to serve or choose sides.

The team not serving first for the first game will serve first in the second game. Teams will subsequently alternate.

CODE OF CONDUCT

1. Unsportsmanlike Conduct: Any player, team, coach, or spectator who displays any form of unsportsmanlike conduct such as vulgar language, disrespect, or deceit, shall be penalized in the following manner:

- An immediate point/side-out shall be awarded to the opposing team
- In the event of a second unsportsmanlike conduct, the official may eject player/spectator. When a player is ejected, they will be suspended a minimum of one match.
- Any person ejected shall leave the facility immediately. Failure to leave the facility will result in forfeiture of match by team.